
MACKY'S
MASSAGE & WELLNESS
Massage & Nail Bar
More than you expected



About us

We discovered that there was a need within our community and surrounding areas for a place to come and relax. We have been retrenched, and as a couple we decided to bring a service of total relaxation and beauty to our community.

Our people went out of the city to support other cities' economies for years. We also want to create job opportunities within our community where our youth don't need to travel long distances to put bread on the table.

We cater for ordinary people in an upmarket and first class massage and beauty centre. Treating our people with love, respect and supply customer service of outstanding quality.

We want our people to come and relax and give couples time away from home.

Our Mission

To provide therapy to all people in order to relieve stress and tension, to improve range of motion and circulation, to enhance a state of well-being, and offer a preventive lifestyle through all services provided by the spa in a professional manner.

What we offer



Massages

- Swedish Massage
- Hot Stone Massage
- Aromatherapy Massage
- Deep Tissue Massage



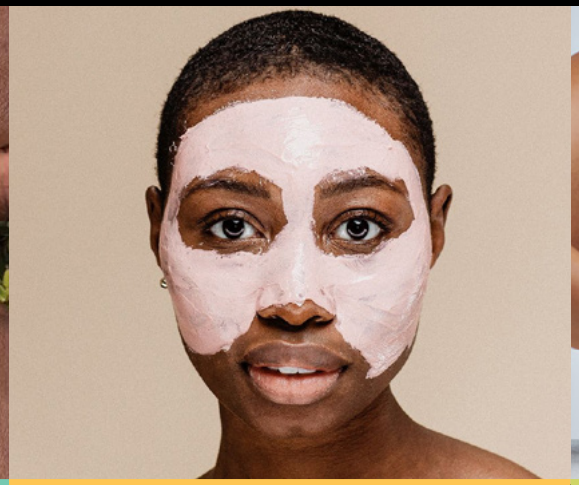


Nail Bar

Hands & Feet

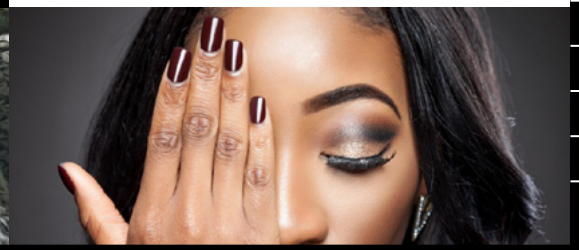
- Cutex
- Gel
- Acrylic





Skincare

- Facials
- Lashes
- Tinting
- Make-up





Waxing

- Face
- Brow
- Chin
- Lip
- Under Arm
- 1/2 Legs
- Hollywood
- Brazillian
- Bikini



Swedish Massage

Definition:

Swedish Massage is a gentle type of full-body massage that's ideal for people who:

- are new to massage
- have a lot of tension
- are sensitive to touch

Price List:

Single
60 min.....R340
90 min.....R450
120 min.....R650

Couple
60 min.....R650
90 min.....R750
120 min.....R900

MASSAGES



Hot Stone Massage

Definition:

Hot Stone Massage is best for people who have muscle pain and tension or who simply want to relax. This type of therapeutic massage is similar to a Swedish Massage, only the massage therapist uses heated stones in lieu of or in addition to their hands. It eases muscle tension, improves blood flow, and relieves pain by using heated stones. Hot Stone Massage may help:

- ease muscle tension
- improve blood flow
- alleviate pain
- promote relaxation
- relieve stress

Price List:

Single
60 min.....R390
90 min.....R480
120 min.....R750

Couple
60 min.....R700
90 min.....R800
120 min.....R950





Aromatherapy Massage

Definition:

Aromatherapy Massages are best for people who want to have an emotional healing component to their massage. This type of massage can help:

- boost your mood
- reduce stress and anxiety
- reduce symptoms of depression
- relieve muscle tension
- relieve pain

Price List:

Single
60 min.....R340
90 min.....R450
120 min.....R650

Couple
60 min.....R650
90 min.....R750
120 min.....R900





Deep Tissue Massage

Definition:

Deep Tissue Massage uses more pressure than a Swedish Massage. It's a good option if you have chronic muscle problems, such as soreness, injury or imbalance. It can help relieve tight muscles, chronic muscle pain and anxiety.

During a Deep Tissue Massage, your massage therapist will use slow strokes and deep finger pressure to relieve tension from the deepest layers of your muscles and connective tissues.

Price List:

Single
60 min.....R340
90 min.....R450
120 min.....R650

Couple
60 min.....R650
90 min.....R750
120 min.....R900

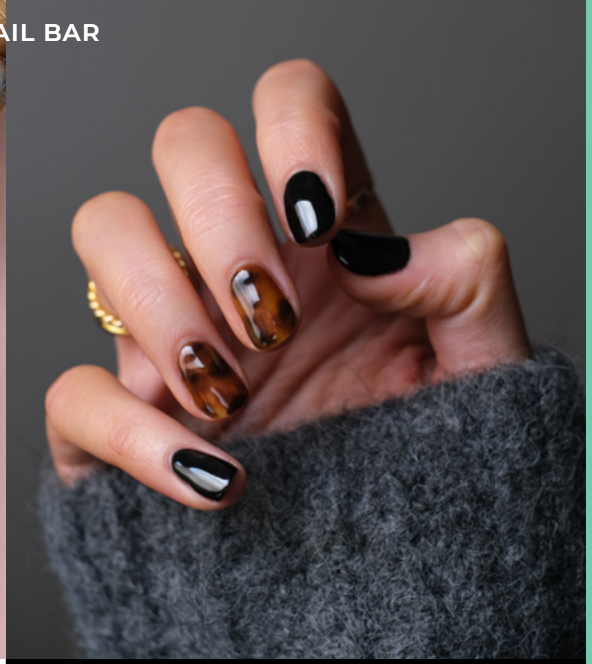




Hands



NAIL BAR

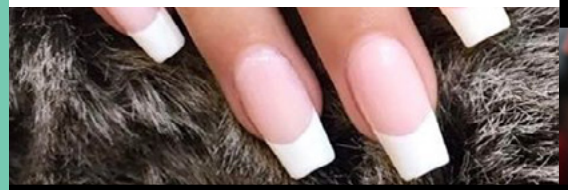


Nail Polish:

Paint & Go.....R40

Manicure:
File, buff, exfoliate,
massage, paint.....R80

French Manicure.....R110



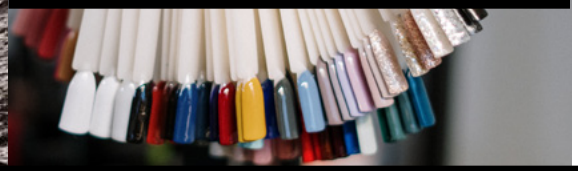
Acrylic:

New
application only.....R340

2 Week fill.....R130

Soak-off.....R90

Soak-off,
new application.....R380



Gel:

New application only.....R140

Soak-off.....R80

Manicure:
Soak-off, calluses/cuticle
treatment, cut, file, buff,
exfoliate, massage,
gel application.....R280

French Manicure.....R310

Extras:

Cut & File.....R45
Nail art per nail.....R15

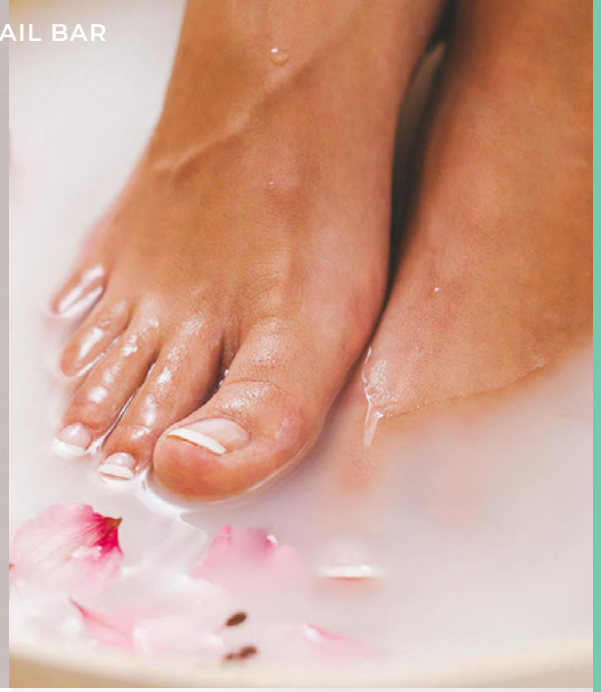


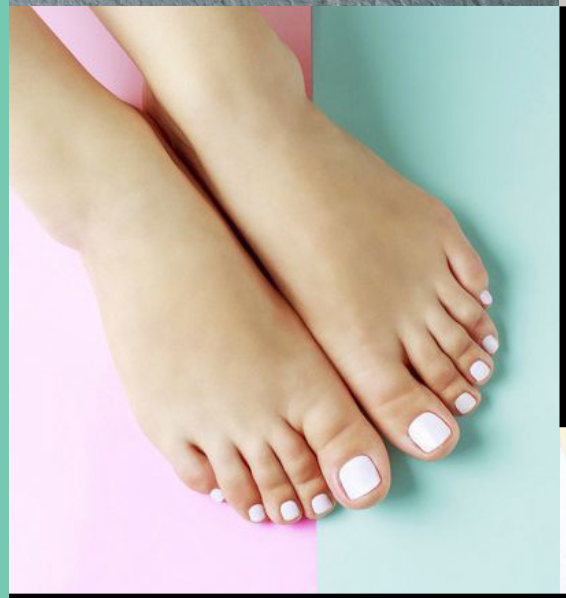
NAIL BAR





Feet





Nail Polish:

Paint & Go.....R40

Pedicure:
File, buff, exfoliate,
massage, paint.....R90

French Pedicure.....R120



Gel:

Gel application
only.....R140

Pedicure:
Soak-off, calluses/cuticle
treatment, cut, file, buff,
exfoliate,massage,
paint.....R290

French Pedicure.....R320

Soak-off.....R90





Facials

Definition:

A facial is a family of skin care treatments for the face, including steam, exfoliation, extraction, creams, lotions, facial masks, peels and massage. They are normally performed in beauty salons, but are also a common spa treatment. They are used for general skin health as well as for specific skin conditions.

Price List:

Facial make-up remover, cleans, tone, exfoliate, massage, mask, eye treatment, moisturiser including steam.....R180

Make-up.....R160





Lashes:

Party lashes.....R40

Lash extensions.....R310

2 Week fill.....R130

De-bond.....R70

Lash lift - enhances natural lashes.....R330

SKINCARE



Tinting:

Brow.....R40

Lash.....R40





Waxing

Definition:

Waxing is the process of hair removal from the root by using a covering of a sticky substance, such as wax, to adhere to body hair and then removing this covering and pulling out the hair from the follicle. New hair will not grow back in the previously waxed area for four to six weeks, although some people will start to see regrowth in only a week due to some of their hair being on a different human hair growth cycle.

Price List:

Facial.....R130
Brow.....R50
Chin.....R45
Lip.....R45

Underarm.....R80
1/2 Leg.....R90
Hollywood.....R199

Bikini.....R80
Brazilian.....R130












MACKY'S
MASSAGE & WELLNESS
More than you expected
072 582 9113
mackysmassage
@yahoo.com
Connect with us